

# Miami Herald

In-person

## Bring a Buddy and Work Out at Wellness Sunday with INFINITY



**Sunday, March 02, 2025 , 10:00am-11:00am**

[Add to Calendar](#)

### **Location**

[CocoWalk](#)

3015 Grand Ave

Coconut Grove, FL

[Directions](#)

### **Price**

\$2.50 to \$5.00

## **Description**

CocoWalk and INFINITY Beyond Fitness are kicking off March with an exclusive workout event on Sunday, March 2, 2025, from 10:00 AM to 11:00 AM EST. Join Head Coach Luke Brito for a class that's open to all fitness levels.

INFINITY's dynamic classes focus on movement, energy, and helping you feel your best. This session will combine cardio, strength training, and bodyweight exercises, offering a great way to start your Sunday with a boost of energy.

If you've ever wanted to try a class or just want a healthy start to the day, this event is for you. Bring a friend and enjoy complimentary treats from Sweetgreen. Plus, after the workout, stick around for an exclusive recovery session and a chance to win a **one-month membership to INFINITY Beyond Fitness**.

## **Event Details:**

**Date:** Sunday, March 2, 2025

**Time:** 10:00 AM - 11:00 AM EST

**Location:** CocoWalk Plaza, Miami, FL

Bring a water bottle and a positive attitude!

Yoga mat provided by CocoWalk

Under 18: Must be accompanied by a parent or legal guardian.

For more information and to sign up, visit: <https://cocowalk.com/>