

MIAMI

NEIGHBORHOODS

PERFECT FORS

CUISINES

GU

FIND A PLACE

SIGN UP

SAPPHIRE*

HIT LIST DINNER SERIES



MIA GUIDE

Save this guide to a list

THE BEST PLACES TO Eat Vegetarian Food In Miami

Where to eat when you want more than just crispy brussels sprouts.

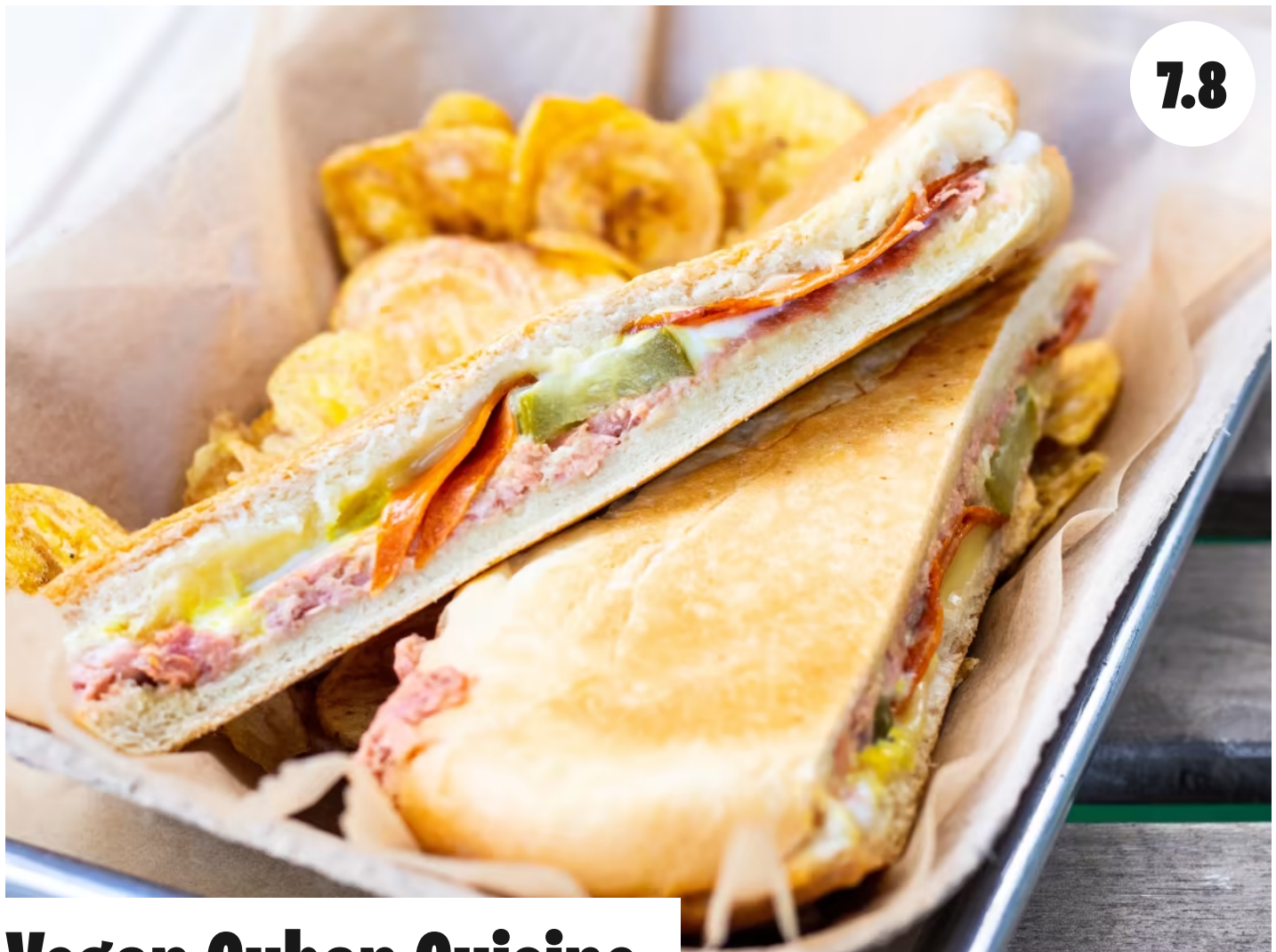


RYAN PFEFFER & CARLOS C OLAECHEA
MARCH 8, 2023

SAVE

Even though we are a city known for our love of roasting animals in backyards, Miami does have some vegetarian options, which extend way beyond your neighborhood juice bar. A vegetarian can actually eat really well in Miami right now, and these restaurants are proof. Some, but not all, of these places are strictly vegetarian or plant-based. Others just happen to serve a lot of really great vegetarian dishes. But what they're definitely not are merely restaurants with larger-than-average salad sections or any place with a little patch of wheat grass on the counter. These are restaurants where the best things to eat truly are meatless.

THE SPOTS

[RATINGS FAQ](#)

Vegan Cuban Cuisine

CUBAN • KENDALL

PERFECT FOR: QUICK EATS SERIOUS TAKE-OUT OPERATION VEGANS VEGETARIANS

\$\$\$\$ 9640 SW 72ND ST, MIAMI >

[VIEW WEBSITE](#)[EARN 3X POINTS](#)[SAVE TO A LIST](#)

You'd think that a vegan Cuban restaurant would be helmed by millennial hipsters, but most of the staff at this Kendall stripmall spot remind us of the tías you see taking orders and making coladas at any Miami cafeteria. And that's probably why the experience feels like going to a cafeteria—not a vegan cafe. The “beef” empanadas here are on par with some of Miami's best fried empanadas (yes, even the meat ones), and the croquetas are crisp on the outside, soft on the inside, and super savory. Even their flan delivers the same flavors and textures as the traditional ones. The Cuban sandwich here, while not quite traditional with its mayonnaise and bread-and-butter pickles, is addictively good and is definitely an interpretation any cubano aficionado should try.

[RATINGS FAQ](#)**7.5**

Planta Queen Coconut Grove

VEGAN • COCONUT GROVE

PERFECT FOR: VEGANS VEGETARIANS DATE NIGHT EATING AT THE BAR

\$\$\$\$ 3015 GRAND AVE STE 200, COCONUT GROVE >



EARN 3X POINTS



SAVE TO A LIST

Planta Queen is a vegan restaurant in Coconut Grove with a sister restaurant on South Beach. The dishes here aren't perfect reproductions of the Asian foods they claim to imitate, but they're still really, really good. Perfect example: a vegan version of crab rangoon that doesn't quite taste like crab rangoon, but is still one of the best fried dumplings in Miami—even before a dunk in the outstanding sweet and sour sauce. The compressed watermelon and miso-glazed eggplant nigiri are also tastier than a decent amount of Miami's fish-based sushi. But what we really love about this place is the setting, which feels chic, modern, and like somewhere you want to take that vegan cutie you matched with on Tinder.

Sign up for our newsletter.

Be the first to get expert restaurant recommendations for every situation right in your inbox.

SELECT YOUR CITY EDITION(S)

Miami



Email

SUBSCRIBE →

BY SIGNING UP, I AGREE TO THE [TERMS AND CONDITIONS](#) AND [PRIVACY POLICY](#).

RATINGS FAQ



8.7